

ELK RAPIDS SCHOOLS				
MS/HS SCHOOL 2017 -2018 MENU				
Week 1:				
Monday	Taco Tuesday	Wednesday	Thursday	Friday
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
NO SCHOOL HOLIDAY (LABOR DAY)	1/2 DAY NO LUNCH	Soft Shell Beef Taco's Spanish Rice	Mac & Cheese Breadstick	Pizza Stuffed Bosco Stick Potato Smiles
		Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar
Week 2:				
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Breaded Chicken Drumstick Dinner roll	Beef &cheese nachos mixed fruit salad	Breakfast For Lunch Waffle Cake w/fruit topping Sausage Patty	Baked Spaghetti Garlic Toast	Deep Dish Cheese Pizza Frozen Blue Raspberry Lemon Slush Cup
Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & Vegetables Bar
Week 3:				
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Philly Cheese Steak on French Roll Fresh Fruit Salad	Taco salad corn chips	BBQ Pulled Pork Sandwich Coleslaw	Tangerine Chicken Stir-fry Brown Rice Fortune Cookie	Three Cheese Calzone Fresh Fruit Salad
Fresh fruit & Vegetables Bar	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables
Week 4:				
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Cheese Stuffed Pretzel Bosco Ceasar Salad	Hard Shell Chicken Taco's refried beans	Hamburger on Bun Ranch Potato Wedges	Breakfast For Lunch Scrambled Eggs Cinn Cream Cheese Bagel Stick	Stuffed Crust Pepperoni Pizza Frozen Strawberry Kiwi Slush Cup
Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & vegetables	Fresh fruit & Vegetables Bar
Milk is served with every meal. SALAD BAR: Lettuce, salad fixings, fresh fruit and juice available every day.				
Breakfast Offered Daily 7:30:				
1. Breakfast Pizza	1. Cheese omelet toast	1. Pancakes and sausage	1. Scrambled eggs toast	1. French toast and sausage
2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich
3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin
Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit
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