

ELK RAPIDS SCHOOLS
MS SCHOOL 2017 -2018 MENU

Week 1:				
Monday	Taco Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
NO SCHOOL	NO SCHOOL	COOKS CHOICE Fresh fruit & Vegetable Bar	Breaded Chicken Drumstick Mashed Potatoes Fresh fruit & Vegetable Bar	Pizza Stuffed Bosco Stick Waffle Fries Fresh fruit & Vegetable Bar
Week 2:				
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Sriracha Sweet 'n' Sour Chicken Buttered Noodles Fresh fruit & Vegetable Bar	1 or 2 soft Shell Beef Taco's Spanish Rice Fresh fruit & Vegetable Bar	Mashed Potato Bowl With Popcorn Chicken, Corn & Gravy Fresh fruit & Vegetable Bar	Rotini with Meat Sauce Garlic Toast Fresh fruit & Vegetable Bar	Stuffed Crust Pepperoni Pizza Frozen Strawberry Kiwi Slush Cup Fresh fruit & Vegetable Bar
Week 3:				
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
Mac & Cheese Breadstick Fresh fruit & Vegetable Bar	Chicken Taco Salad Corn Chips & Salsa Fresh fruit & Vegetable Bar	BFL - Cheese Omelette Hash Brown Cubes Apple Cinn. Muffin Fresh fruit & Vegetable Bar	Corn Dog Curly Fries Fresh fruit & Vegetable Bar	1/2 Day of School NO LUNCH
Week 4:				
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Grilled Chicken on a Pretzel Bun Ranch Potato Wedges Fresh fruit & Vegetable Bar	Beef & Cheese Nacho's Mixed Fruit Cup Fresh fruit & Vegetable Bar	Baked Spaghetti with Meatballs Ciabatta Bun Fresh fruit & Vegetable Bar	Tangerine Chicken Stir-fry Brown Rice Fortune Cookie Fresh fruit & Vegetable Bar	Cheese Pizza Mixed Fruit Cup Fresh fruit & Vegetable Bar
Milk is served with every meal. SALAD BAR: Lettuce, salad fixings, fresh fruit and juice available every day.				
Breakfast Offered Daily 7:30				
1. Breakfast Pizza 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Cheese omelet toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Pancakes and sausage 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Scrambled eggs toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. French toast and sausage 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>

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