

ELK RAPIDS SCHOOLS  
MS SCHOOL 2017 -2018 MENU

<b>Week 1:</b>				
<b>Monday</b>	<b>Taco Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
30-Apr	1-May	2-May	3-May	4-May
Lasagna Roll Ups w/Marinara Breadstick	Walking Taco Mixed Fruit Cup	Cheese Stuffed Pretzel Bosco Waffle Fries	Mashed Potato Bowl with Popcorn Chicken, Corn & Gravy	French Bread Cheese Pizza Frozen Slush Cup
Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar
<b>Week 2:</b>				
7-May	8-May	9-May	10-May	11-May
Grilled Chicken on a Pretzel Bun Ranch Seasoned Potato Wedges	Beef & Cheese Nacho's Frozen Slush Cup	Teriyaki Chicken Stir-fry Brown Rice Fortune Cookie	Spicy Grilled Cheese Sandwich Tomato Soup	Double Stuffed Crust Pepperoni Pizza Spiral Fries
Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar
<b>Week 3:</b>				
14-May	15-May	16-May	17-May	18-May
Chicken Pot Pie Ceasar Salad	Beef Taco Salad Corn Chips & Salsa	Mac & Cheese Breadstick	Breaded Chicken Drumstick Mashed Potatoes	Pizza Stuffed Bosco Mixed Fruit Cup
Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar
<b>Week 4:</b>				
21-May	22-May	23-May	24-May	25-May
Tangerine Chicken Stir-Fry Brown Rice Fortune Cookie	1 or 2 soft shell beef taco's Spanish Rice	Rotini with Meat Sauce Garlic Toast	Honey Sriracha Boneless Wings Buttered Noodles	Four Meat Pizza Frozen Slush Cup
Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar
<b>Milk is served with every meal. SALAD BAR: Lettuce, salad fixings, fresh fruit and juice available every day.</b>				
<b>Breakfast Offered Daily 7:30</b>				
1. Breakfast Pizza 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Cheese omelet toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Pancakes and sausage 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. Scrambled eggs toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>	1. French toast and sausage 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin <small>Milk 1% white or skim flavor , juice / fruit</small>

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