

ELK RAPIDS SCHOOLS  
HS MENU 2018-2019 MENU

<b>Week 1:</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
29-Apr	30-Apr	1-May	2-May	3-May
Meatball Sub Sandwich Spiral Fries  Fresh fruit & Vegetables Bar	Chicken & Cheese Nacho's Mixed Berry Cup  Fresh fruit & Vegetables Bar	"Breakfast For Lunch" Cinnamon French Toast Sausage Links  Fresh fruit & Vegetables Bar	Chicken Tenders Ranch Potato Wedges  Fresh fruit & Vegetables Bar	Stuffed Crust Cheese Pizza Mixed Fruit Cup  Fresh fruit & Vegetables Bar
<b>Week 2:</b>				
6-May	7-May	8-May	9-May	10-May
Breaded Chicken Drumstick Rosemary/Garlic Redskin Potatoes Corn Fresh fruit & Vegetables Bar	Walking Beef Taco Frozen slush Cup  Fresh fruit & Vegetable Bar	Mac & Cheese Parm/Garlic Breadstick  Fresh fruit & Vegetable Bar	Grilled Chicken on a Pretzel Bun Cheddar Breaded Cauliflower  Fresh fruit & Vegetable Bar	Pepperoni Calzonettes Frozen Slush cup  Fresh fruit & Vegetables Bar
<b>Week 3:</b>				
13-May	14-May	15-May	16-May	17-May
"Breakfast For Lunch" Waffle Cake With Fruit Topping Sausage Links Fresh fruit & Vegetables Bar	Chicken Taco Salad Corn Chips & Salsa  Fresh fruit & Vegetables Bar	Spaghetti With Meatballs Garlic Toast  Fresh fruit & Vegetables Bar	HS Picnic   Fresh fruit & Vegetables Bar	Pizza Stuffed Bosco's Mixed Fruit Cup  Fresh fruit & Vegetables Bar
<b>Week 4:</b>				
20-May	21-May	22-May	23-May	24-May
"Asian Bowl" Orange Chicken over Lo Mein Noodles, Veggies Fresh fruit & Vegetables Bar	2 Soft Shell Beef Taco's Spanish Rice  Fresh fruit & Vegetables Bar	Breaded Chicken Sandwich Waffle Fries  Fresh fruit & Vegetables Bar	Rotini w/Meat Sauce Cheese Stuffed Breadstick <b>(Senior Luncheon at White Birch)</b> Fresh fruit & Vegetables Bar	Sausage Pizza Mixed Berry Cup  Fresh fruit & Vegetables Bar
<b>Milk is served with every meal. Now serving fresh LOCAL fruits on the salad bar from Rennie Orchards ER</b>				
<b>Breakfast Offered Daily</b>				
1. Breakfast Pizza 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. Cheese omelet toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1-Mini pancakes 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. Scrambled eggs toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. French toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit

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