

ELK RAPIDS SCHOOLS
K-5 MENU 2018-2019 MENU

Week 1:				
Monday	Tuesday	Wednesday	Thursday	Friday
28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
SNOW DAY	SNOW DAY	SNOW DAY	SNOW DAY	Breaded Chicken Drumsticks Redskin Mashed Green Beans Fresh fruit & Vegetables Bar
Week 2:				
4-Feb	5-Feb	6-Feb	7-Feb	8-Feb
Hamburger on a Bun Crinkle Fries Fresh fruit & Vegetables Bar	Beef & Cheese Nacho's Strawberry Cup Fresh fruit & Vegetable Bar	COOKS CHOICE Fresh fruit & Vegetable Bar	Sweet 'n' Sour Chicken over Buttered Noodles Steamed Broccoli Fresh fruit & Vegetable Bar	"French Toast Friday" French Toast Sausage Links Fresh fruit & Vegetables Bar
Week 3:				
11-Feb	12-Feb	13-Feb	14-Feb	15-Feb
Chicken Nuggets Ranch Potato Wedges Fresh fruit & Vegetables Bar	1 or 2 Soft Shell Beef Taco's Spanish Rice Fresh fruit & Vegetables Bar	Mashed Potato Bowl w/Popcorn Chix Corn & Gravy Fresh fruit & Vegetables Bar	Rotini w/Meat Sauce Garlic Toast Fresh fruit & Vegetables Bar	Cheese Bosco's Marinara Dipping Sauce Strawberry Cup Fresh fruit & Vegetables Bar
Week 4:				
18-Feb	19-Feb	20-Feb	21-Feb	22-Feb
Grilled Cheese & Tomato Soup Grapes Fresh fruit & Vegetables Bar	Chicken Quesadilla Mixed Fruit Cup Fresh fruit & Vegetables Bar	Mac & Cheese Garlic/Parmesan Breadstick Fresh fruit & Vegetables Bar	"Breakfast For Lunch" French Toast Sausage Links Fresh fruit & Vegetables Bar	Garlic/Parm. Flat Bread Pizza Mixed Berry Fruit Cup Fresh fruit & Vegetables Bar
Milk is served with every meal. Now serving fresh LOCAL fruits on the salad bar from Rennie Orchards ER				
Breakfast Offered Daily				
1. Breakfast Pizza 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. Cheese omelet toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1-Mini pancakes 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. Scrambled eggs toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit	1. French toast 2. Breakfast E. muffin sandwich 3. Choice of cereal and muffin Milk 1% white or skim flavor , juice / fruit

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