

ELK RAPIDS SCHOOLS  
K-5 MENU 2018-2019 MENU

Week 1:				
Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr	30-Apr	1-May	2-May	3-May
Meatloaf Sandwich Spiral Fries	Chicken & Cheese Nacho's Mixed Berry Cup	"Breakfast For Lunch" Cinnamon French Toast Sausage Links	Chicken Tenders Emoji Fries	Stuffed Crust Cheese Pizza Mixed Fruit Cup
Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar
Week 2:				
6-May	7-May	8-May	9-May	10-May
Breaded Chicken Drumstick Rosemary/Garlic Redskin Potatoes Corn	Walking Beef Taco Frozen slush Cup	Mac & Cheese Parm/Garlic Breadstick	Grilled Chicken on a Pretzel Bun Cheddar Breaded Cauliflower	Pepperoni Calzonettes Frozen Slush cup
Fresh fruit & Vegetables Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetable Bar	Fresh fruit & Vegetables Bar
Week 3:				
13-May	14-May	15-May	16-May	17-May
"Breakfast For Lunch" Waffle Cake With Fruit Topping Sausage Links	Chicken Taco Salad Corn Chips & Salsa	Spaghetti With Meatballs Garlic Toast	"Mashed Potato Bowl" Mashed, Popcorn Chicken, Corn & Gravy	Pizza Stuffed Bosco's Mixed Fruit Cup
Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar
Week 4:				
20-May	21-May	22-May	23-May	24-May
"Asian Bowl" Orange Chicken over Lo Mein Noodles, Veggies	1 or 2 Soft Shell Beef Taco's Spanish Rice	Breaded Chicken Sandwich Waffle Fries	Rotini w/Meat Sauce Cheese Stuffed Breadstick	LakeLand Picnic
Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar	Fresh fruit & Vegetables Bar

Milk is served with every meal. Now serving fresh LOCAL fruits on the salad bar from Rennie Orchards ER

Breakfast Offered Daily				
1. Breakfast Pizza	1. Cheese omelet toast	1-Mini pancakes	1. Scrambled eggs toast	1. French toast
2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich	2. Breakfast E. muffin sandwich
3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin	3. Choice of cereal and muffin
Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit	Milk 1% white or skim flavor , juice / fruit

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